



## Newsletter April 2021

Dear All,

Firstly, we would like to welcome some new families to Noah's Ark! We have many fun activities planned for this term and we are hoping to enjoy some warmer weather and spend more time outside for these activities. We will be covering the themes of growing and gardening, transport and feeling good, healthy eating and exercise for the first half of term and mini beasts, Father's Day, under the sea, holidays, journeys, countries around the world, transitions, moving on and holidays for the second half of the term.

We have a photographer coming in on Tuesday 15th June and the children will have their photos taken outside. If your child is at Noah's Ark that morning they will be photographed unless you say otherwise. There will be a sign-up sheet if you would like to bring in siblings. If you do not usually attend on that morning, you are very welcome to come.

We do hope that Drama Llamas and Menace Sports might be able to return to Noah's Ark at some point this term. Drama Llamas offers storytelling and drama sessions that will take your child on a journey of imagination and discovery! Menace Sports will be introducing the children to tennis and football. When we introduced these sessions before lockdown in March last year the children loved them!

Many thanks,  
Denise, Claire and the team

### Diary dates

#### Notable dates:

- Half Term - 31<sup>st</sup> May-4<sup>th</sup> June
- Photographer - Tuesday 15<sup>th</sup> June
- Father's Day workshop - TBC
- Teddy Bears Picnic and Leavers Ceremony - Wed 21<sup>st</sup> July
- Wed 21<sup>st</sup> July - End of Term

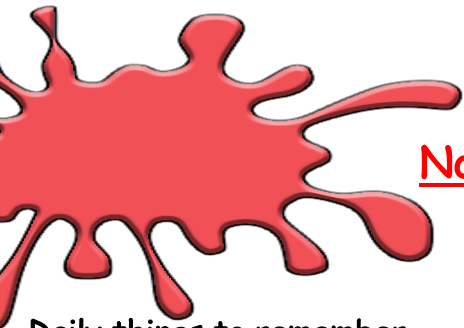
## Letters & Numbers:

Week	19 <sup>th</sup> April	26 <sup>th</sup> April	3 <sup>rd</sup> May	10 <sup>th</sup> May	17 <sup>th</sup> May	24 <sup>th</sup> May	7 <sup>th</sup> June	14 <sup>th</sup> June	21 <sup>st</sup> June	28 <sup>th</sup> June	5 <sup>th</sup> Jul	12 <sup>th</sup> Jul	19 <sup>th</sup> Jul
Letter	A	B	C	D	E	F	G	H	I	J	K	L	M
Number	2	3	4	5	6	7	8	9	10	11	12	13/1	14/2

## 2021/2022 Term Dates:

Summer Term 2021	Tuesday 13 <sup>th</sup> April
Bank Holiday	Monday 3 <sup>rd</sup> May 2021
Half Term	31 <sup>st</sup> May - 4 <sup>th</sup> June 2021
End of Summer Term 2021	Wednesday 21 <sup>st</sup> July 2021
Autumn Term 2021	Tuesday 7 <sup>th</sup> September
Half Term	25 <sup>th</sup> - 29 <sup>th</sup> Oct 2021
End of Autumn Term 2021	Friday 17 <sup>th</sup> December
Spring Term 2022	Thursday 6 <sup>th</sup> Jan
Half Term	14 <sup>th</sup> - 18 <sup>th</sup> February 2022
End of Spring Term 2022	Friday 1 <sup>st</sup> April
Summer Term 2022	Wed 20 <sup>th</sup> April
Bank Holiday	Monday 2 <sup>nd</sup> May 2022
Half Term	30 <sup>th</sup> May - 3 <sup>rd</sup> June 2022
End of Summer Term 2022	Friday 22 <sup>nd</sup> July





## Noah's Ark Pre-School Information

### **Daily things to remember....**

Please bring in slippers, wellies and a **named** bag with a change of clothes and if required nappies and wipes. This bag can be left at Pre-School on their peg and the slippers are left in their **named** shoe box. No plastic bags please and please make sure all bags, coats, slippers and wellie boots are **named**.

### **Signing out/Accident Book**

The Supervisor for that day will tick your child's name in the register upon arrival. Under current guidance, your child must only be collected by a member of the same household. Staff will continue to sign the register on your behalf once your child has been collected. If your child has had an accident, staff will inform you, giving details and sign the accident book on your behalf

### **Parent Rota**

Due to current circumstances around Covid 19, we have had to suspend parent helpers coming into Noah's Ark for the time being.

### **Teddy Bears Picnic and Leavers Ceremony**

We are hoping that we will be able to go ahead with this lovely day in July.....

All children are invited with their parents, please bring a packed lunch for you and your children. There is no lunch club or afternoon session on this day. The picnic takes place on the grass outside - weather permitting! There.

### **Covid 19**

If your child or any other member of your household develop any signs of Covid-19, please do not attend Noah's Ark Pre-School. Please follow the Government's self-isolation guidance if anyone in your household develops symptoms.

If you have symptoms of COVID-19 however mild, self-isolate for at least 10 days from when your symptoms started. You should arrange to have a test to see if you have COVID-19 - go to testing to arrange. Do not go to a GP surgery, pharmacy or hospital.

Symptoms include:

- a new, continuous cough
- a high temperature
- a change or loss of your taste or smell

Anyone who needs additional help to book a test, or who doesn't have access to the internet, can contact the telephone call centre, phone 119. The call centre can also answer enquiries about the testing process and what to do once you have your result.

Stay at home: guidance for households with possible or confirmed coronavirus (COVID-19) infection

will be a teddy bear judging contest (please name all teddy bears) followed by the Leavers ceremony . All children who are leaving us to move on will be invited up to the front to be handed their 'All about me' book.

### Warmer Weather

As the weather starts to warm up please could you ensure your child comes to school with sun cream on and a **named** sunhat. As we like to go outside whatever the weather a spare jumper or cardigan and rain mac in their bag is really useful. We do ask that children only wear crocs for indoor shoes as they easily fall off feet when running outside.

### E-safety

Please click onto these links for helpful advice and information for parents about online safety for children.

<https://www.hertsforlearning.co.uk/blog/screen-time-under-fives>

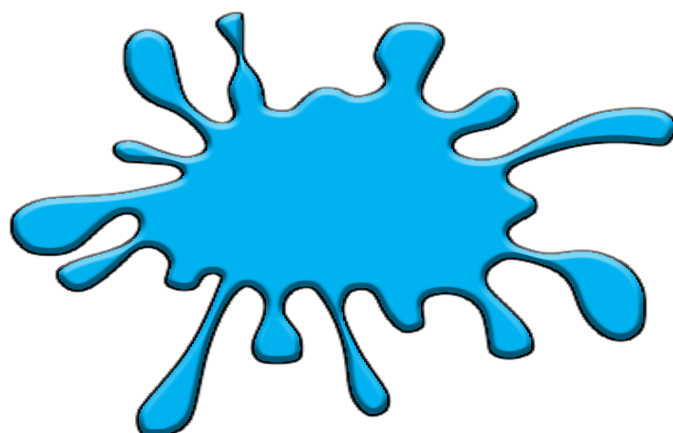
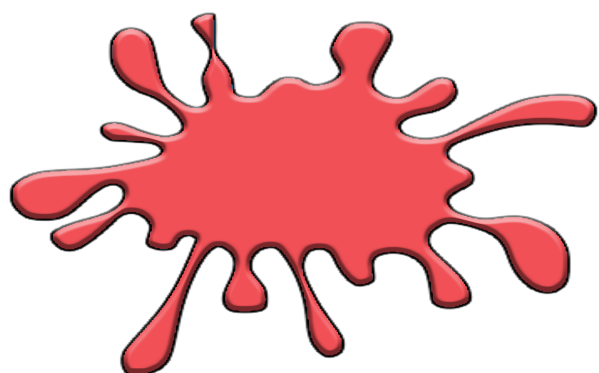
<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

### Transition

Some of our current children will be moving on in September, so please can you support your child by encouraging them to change their own shoes and put on their own coat to encourage independence. Can you also let us know which school your child will be moving to.

### Questionnaires

We will distributing these next half term, we really appreciate your feedback.



## Lunches

Having a packed lunch away from home is a fun picnic for children. We do encourage healthy eating at Noah's Ark, but do not wish to make it boring. Please remember we have a no nut policy due to allergies; this includes Nutella spread.

- Carbs** - Try different types of bread, multigrain, wholemeal, wraps and so on. Leftovers can be useful and very tasty. Cooked cold pizza tastes great and couscous and pasta are easy to prepare the night before, adding some tasty bits and bobs the following morning, such as cold meat, tomatoes, cucumber, peppers, even cold cooked fish such as salmon.

- Great fillers** - Vary the choice of fillers. Children have nothing to look forward to if they know they will be having cheese every day. Try tuna with sweet corn, egg mayonnaise, cooked cold chicken and good quality ham.

- Five a day** - We all know how important this is, please try and include a small piece of fruit in your child's lunch. It can be rather overwhelming for a child to be given a huge apple or banana and will only take a few bites before it is discarded. We ask that grapes, cherry tomatoes, olives, cherries etc (anything that could be a choking hazard) are halved and satsumas are seedless, **pre-peeled, and halved**. If they are not fruit bats then chopped raw veggies are good, particularly when dipped in hummus.

- Strong teeth and bones** - Something dairy generally goes down well. As well as small yoghurts and fromage frais, a pot of rice pudding is something a little different.

- To drink** - A named container from home with a small amount of water.

- Extras** - Small piece of cake, cereal bar, a couple of biscuits.

There are a couple of items which we try not to encourage, namely crisps (huge salt content), and chocolate (it can become a very sticky mess) as well as being loaded with sugar.

Above all else make it a manageable amount. The children do enjoy sitting down to lunch, just not for too long!

